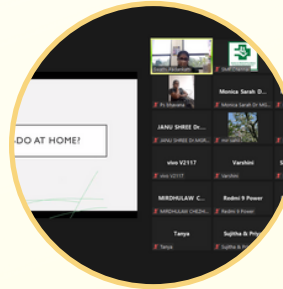


August 2023

COMMUNITY SERVICE DEPARTMENT



**First Aid training
program**



**STEP
Programme**



**Value education
@ SAP School**



**Medical camp
@NADI-Smf Medical
Centre**



**Medical camp
@T. Nagar**



**Nutrition
Project**



**Yoga Session
@SAP**



**CAN-NEST
Home**



FIRST AID TRAINING PROGRAMME

@ Sri Kanyaka Parameshwari College, Parrys

A First Aid Training program was sort out for 50 beneficiaries in Sri Kanyaka Parameshwari college, Parrys by the Community Service Department of Sundaram Medical Foundation with the collabrations of Rotary club, Meenambakkam and its effect on 1st of August, 2023 from 10.00AM to 2.30PM.

Total 50 students were participated in the session.

Dr. Sanjay (Emergency department), was oriented about First Aid and Mr. Balakumaran (Paramedic Staff) practically and theoritically led the training program.

Finally, the beneficiaries conveyed their feedback as positively that the program was very much interactive and useful. It was interesting session for them. They involved themselves to done practicals.



FIRST AID TRAINING PROGRAMME

@ OPD,SMF

A First Aid Training program was sort out in OPD Auditorium for 32 beneficiaries for Rotary disaster management team on August 19th,2023 from 9.00AM to 1.00PM, by the Community Service Department of Sundaram Medical Foundation with the collabration of Rotary club.

Dr.Waseem & Dr.Joe (Emergency department),was oriented about First Aid and Mr.Shivaneesh (Paramedic Staff) practically and theoritically led the training program.

At the end of the session,the beneficiaries reacted their feedback as positively that the program was very much interactive and useful. It was fascinating session for them. They engaged themselves in conducting practical experiments.



MEDICAL CAMP

@ His/Her Place, T.Nagar



The Rotary Club of Madras, in association with the Sundaram Medical Foundation, arranged a free medical camp on 24th of August 2023, 2.45 Pm to 6 Pm at his /her place T.Nagar.

Checkup: CBG, HB, BP & General screening were done.

The 109 beneficiaries were benefited by this camp.

We dispensed medicine worth Rs. 3300/- to needy people.

RCM president Rtn.S.Ravi
Rtn.Bharat Pujara
PP Rtn.George B Cherian
Rtn.Nimish C Tolia, visited the camp.

Thank you to all the Rotarians who visited and supported the medical camp.

Medical Team:
Dr.Samyuktha(Family Medicine)
Dr. Swaran (General Medicine)
Ms.Thenmozhi & Ms.Swetha (Nurse)
Mr.karthikeyan (Social Worker)



MEDICAL CAMP

@ NADI-SMF, Madhavaram



A Free Medical Camp was conducted at NADI-SMF Medical Centre on 27th August, 2023.

Time: 9.00AM to 1.00PM

Location: NADI-SMF Medical Centre, Madhavaram.



Checkup: BP, HB, CBC, General, Dental, Pediatric, ENT, Ortho & Eye screening were done

A total 158 beneficiaries were benefited through this medical camp.

Medical Team:

Dr. Pillainadhan & Dr. Manimegalai (General Medicine- Nadi)

Dr. Niyanavel (Ortho dept- Nadi)

Dr. Meenakshi (Dental dept- SMF)

Dr. Padma Priya (ENT dept- SMF)

Dr. Sai Siva (Paediatrics dept- SMF)

Two optometrists from Sankara Nethralaya Eye hospital.

Ms. Swetha & Ms. Maya (Social workers)



YOGA SESSION

SMF's Community Service Department conducted yoga sessions for children at SAP School, which concentrates on teaching younger children (10 to 16 yrs) about yoga practices. There were 146 children who participated in yoga sessions which improves student's well-being and gives them better clarity in their education.



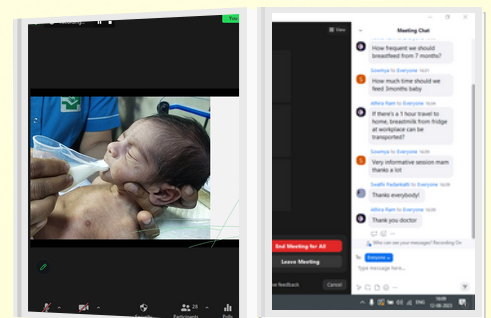
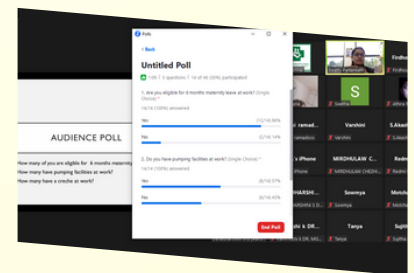
STEP PROGRAMME

A Support Therapy to Educate People (STEP) Programme was arranged with the aim of addressing the subject "Let's Make Breastfeeding and Work, Work" on 12.08.2023 at 3.00PM to 4.30PM.

This session was specifically designed for working mothers who are presently engaged with the breastfeeding.

Dr.Swathi Padankatti,(Head of the Department-Paediatrics & Neonatology),SMF was the speaker of this awareness Session

Around 60 individuals were participated in this program.In this,Session, the speaker clarifiedthe inquires posed by the participants .



PLASTIC WASTE MANAGEMENT

The TNPCB has also been instructed to conduct awareness programs among students, including those attending professional colleges, about the harmful effects of plastic use on the environment and motivate them to avoid plastic, in coordination with the education department and the state legal services authority.

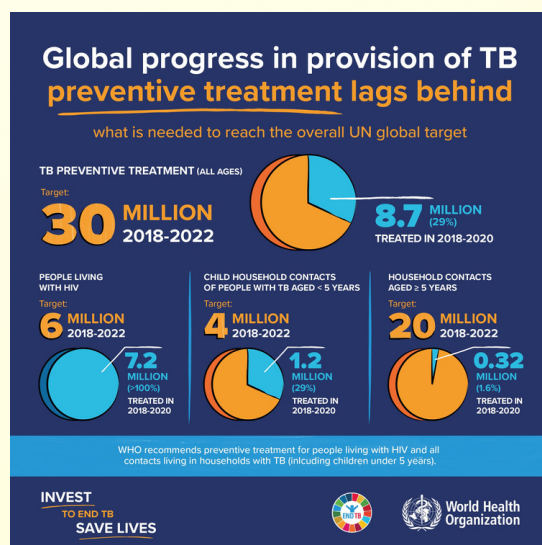


The Community Service Department has been working on the Plastic Zero Waste Management initiative for recycling plastic waste both on IP and OP buildings in association with the Bisleri CSR team.



A total of 96 kg of plastic waste was collected this month.

REACH FOUNDATION



For the month of August 2023,
25 people have utilized the
Tuberculosis Intervention Services.



VALUE EDUCATION CLASS

@SAP

CANSTOP conducted a value education session about Good touch and bad touch for the students of Adi Dravidar Tribal Welfare School (SAP School) on 17th August, 2023 at 10.00 am to 11.00 am. Around 60 students were participated in this session. The session was created awareness among the students about safety measures during the harassment. The students learnt how to behave and treat the other individual. The session was very interesting and interacting. Finally the students reflected their feedback as positively about the session.



NUTRITION PROJECT

CANSTOP visits Institute of Obstetrics and Gynecology and Government hospital for Women (IOG) and the Institute of Child Health and Hospital (ICH) regularly to boost up their nutrition and regular counseling for the patients.

Tender Coconut of worth Rs. 14,550 was distributed at IOG.

Pediasure of worth RS. 4320 was distributed at ICH.



ART & PLAY THERAPY

Regular sessions of Art and Play therapy were conducted for pediatric cancer patients and their family members at the Institute of Child Health. These sessions involved the provision of various art and craft activities and fun games to keep them engaged while in the hematology ward.



CANNEST HOME

Totally 365 families stayed at CANNEST Home in the month of August, 2023, where the children in the home are engaged through various activities and games with the help of volunteers and social workers.



HOPE CHEST

CANSTOP's Hopechest provides essential things for the cancer patients & their parents at IOG & ICH to lead their regular life as happily.

In the month of August 2023, a total of 11 families got help from the Hope Chest.



Join us and make your contributions to the cancer patients at Govt. Hospitals.



Sarees,	Toys,
Bedsheets,	Books,
Nighties,	Pillows,
Petticoats,	Tiffen Boxes,
Sandals,	Kettles,
Slippers,	Flasks,
Towels,	Water bottles,
Toiletries,	Kitchen utensils & appliances

Note: Make sure the items are in good condition



SPONSORSHIP DETAILS

Sponsorship details			
S.No	Sponsors	PROJECTS	AMOUNT
1	Mrs. Vijaya Mahendran	CANNEST	1000
2	Dayachand Malhotra	CANNEST	10000
3	Ms.Indumathy Vasudevan	CANNEST	2000
Total			13000

IN-KIND SPONSORS

In-Kind Sponsors			
S.No	Sponsors	Particulars	Worth in Rupees
1	Mr. T. K. Srinivasan	Vegetables	4,000
2	Chennai Food bank	Rice bag & Ragi	3715
3	Ms.Darshana	Brown sugar, Toor dal, Moong dal, Oil, Boiled rice	10960
4	Dr.Amit	Toys	3000



VOLUNTEER'S CONTRIBUTION

The CANSTOP team gratefully acknowledges each and every volunteer for their time and commitment to all of the events.

Volunteers-Mrs.Origanti,Mrs.Selvam,Mrs.Indhumathy,Dr.Sendhil

HELP LINE SERVICE

Totally 99 calls were received in the CAN-STOP Help line number.

- 23 calls for STEP Program.
- 2 calls for Counseling
- 3 calls for Blood request at Government Hospital.
- 71 calls for ABC Program.



For your kind contribution:

CAN-STOP is eligible for 50% Tax
Exemptions under Section 80G of
Income Tax Act. Cheques can be
drawn in favour of CAN-STOP



For more information contact us through:

044-26284256 / +91-9941007688

Connect with us through:



www.canstop.org

